



ACAI BOWL

Serves 2

Acai Bowl

1-2 Acai pouch (frozen)
1 large frozen banana
1/2 cup water (or nut milk)

Blend all ingredients until smooth and icecream consistency, add a little water or nut milk for a runnier smoothie.

Topping

Mango
Summer Berries
Coconut Flakes
Granola
Hemp Seeds