



AVOCADO, MANGO CEVICHE

Serves 4 as a light lunch or starter

2 avocados, cubed
1 mango, cubed
1 grapefruit, seeded and sliced into small pieces
1/4 red onion, thinly sliced
1-2 small red chilli
1 large handful coriander
1-2 limes
1/2 teaspoon salt
Black sesame seeds, puffed toasted quinoa to serve

Prepare ingredients and place on to a plate, squeeze lime juice over the top with a little salt. Top with black sesame seeds or puffed quinoa.

*As a non vegan option you could use fish sauce instead of salt and lightly drizzle over cerviche.