



# CHOC PUDDING WITH BERRIES

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*Chocolate Pudding (serves 2)*

*1 ripe Avocado  
1/2 cup almond milk  
1/4-1/2 cup maple syrup  
1/2 cup cacao powder  
1 teaspoon vanilla  
pinch of cinnamon  
pinch of salt*

*Berries, Mint*

*Using a blender combine avocado, almond milk, maple syrup, cacao, vanilla and salt together until smooth. Taste and adjust seasoning if needed.*

*Serve in small cups, dishes with fresh berries and mint, vegan coconut yogurt or cream.*