



# COCONUT MANGO POPS WITH MACADAMIA CRUMBLE

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## *Ingredients*

*2 cups frozen Mango  
1 Banana  
400ml Coconut Milk  
1 tablespoon maple syrup  
pinch salt  
1 teapsoon vanilla*

*'Blend all ingredients in a high speed blender. Pour into Icery Pole Moulds and freeze until ready.*

## **Macadamia Crumble**

1/2 cup macadamias, lightly crushed  
2 teaspoons coconut sugar  
good pinch of salt  
1/4 cup shaved coconut

Heat oven at 180C. Mix all ingredients together and roast in a pan for 10 minutes until golden.

Assembly - Roll Mango Pops into the Macadamia crumble and serve.  
Alternatively, dont use the icy pole moulds and just put into a container and freeze the ice cream. Put into bowls and serve with fresh mango and mancadamia crumble!